



HIGH LINE REHAB

SHOCKWAVE THERAPY CONSENT FORM

Please fill out the details. "REQUIRED" denotes a required field.

SHOCK WAVE THERAPY (EPAT)

How EPAT (extracorporeal pulse activation technology) Works

Since inflammation is one of the tools used by the body to promote healing, EPAT uses acoustic pressure waves to enhance the inflammatory process.

- The pressure waves work by:
- Stimulating cell turnover Improving blood circulation
- Breakdown adhesions and scar tissue Accelerate healing.
- The beneficial effects of EPAT are often experienced after only three (3) treatments. Some patients report immediate pain relief after the treatment, although it can take up to four (4) weeks for pain relief to begin. The treatment eliminates pain and restores mobility, thus improving your quality of life. Over 80% of patients treated report to be pain free and/or have significant pain reduction.

Benefits of EPAT

- Non-invasive No anesthesia
- No risk of infection No scarring
- No downtime
- Over 80% patient satisfaction

Fast, in office treatment

FAQs

Q. Is it safe?

A. Yes. This FDA cleared technology was developed in Europe and is currently used around the globe. A wealth of medical experience, state-of-the-art engineering, and optimal quality have been built into each EPAT device; and extensive clinical studies and tests have confirmed its safety and efficacy.

Q. What is the duration of the treatment?

A. Treatment sessions take approximately 5-10 minutes depending on the disorder being treated. Generally, one treatment a week for 3-5 treatments (3-5 weeks).

Q. How is the treatment performed?

A. Coupling gel is applied to the specified treatment area to enhance effectiveness. After these preparations, EPAT pressure waves are released via the applicator, which is moved over the area in a circular motion.

Q. What are the possible side effects?

A. The non-invasive EPAT treatment has virtually no risk or side effects. In some cases, patients may experience minor discomfort, which may continue for a few days. It is normal to have some residual pain after intense exercise or a full day of work.

Q. Does insurance cover EPAT?

A. Insurance typically does not cover EPAT treatment. However, most insurance plans will allow patients to utilize medical savings accounts (FSA or HSA). This non-invasive option will be particularly appealing to patients who are eager to return to work or normal activities in only a few days with just as good, if not better, clinical results compared to traditional treatment methods, including surgery.

Q. What if it doesn't work for me?

Although the short-term effects alone are exceptional, the long-term benefits of this treatment may take up to 3-4 months. If after this time there has not been any marked improvement, you should see your doctor for further treatment options.

Are there contraindications and/or precautions?

Contraindications include:

- Coagulation disorders, thrombosis, heart or circulatory patients
- Use of anticoagulants, especially Macramé, Heparin, Coumadin
- Tumor diseases, carcinoma, cancer patients
- Pregnancy
- Polyneuropathy in case of diabetes mellitus
- Acute inflammations/pus focal in the target area
- Children in growth, open growth plates
- Cortisone therapy within the last 6-12 weeks

Side effects include: (These side effects generally abate after 5-10 days).

- Swelling, reddening, hematoma
- Petechiae, bruising
- Severe Pain
- Skin lesions (especially after previous cortisone therapy)

By signing below, I acknowledge that I have been informed about the potential benefits and risks of shockwave therapy, and I willingly consent to undergo this treatment as recommended by my healthcare provider.

Patient or Patient's Guardian, signature. REQUIRED

Check the box to agree. We will ask for your signature at the end when you submit the form and add it to all docs you agreed to.

I agree to the terms listed and all information provided is accurate.

If there is anything you think we need to know, please include it below.

Sign here: